R&DE Stanford Dining is committed to supporting the needs of Muslim students at Stanford while maintaining social distancing and preventing the spread of COVID-19 by adapting our Ramadan accommodations for students on campus. **Students are required to SIGN UP to receive Ramadan accommodations at https://tinyurl.com/suhoor-sign-up.**

Meals will be available prepackaged and for to-go only daily during regular dinner hours at your assigned dining hall. Please visit dining.stanford.edu/locations-hours for dining hall assignments and hours.

**April 23 – May 23, 2020 | Monday – Sunday | 5:00 – 7:00pm**

**Suhoor Meal To-Go**
Prepackaged Suhoor boxes will be provided daily to students who have signed up to receive them and will include a rotating assortment of breads and pastries, fruit, snack bars, cereal, yogurts, hardboiled eggs, trail mix, and other nutritious snacks to help fuel students for the day.

**Iftar Meal To-Go**
Prepackaged Iftar meals including a rotating variety of globally-inspired halal entrees and sides will be provided daily to students who have signed up to receive them.

When heading to a dining hall, it is recommended that students wear a cloth facemask to cover their nose and mouth and maintain a six (6) feet distance from others. Once inside the dining hall, students must thoroughly wash their hands for 20 seconds at a dining hall handwashing station and continue to maintain a six (6) feet distance from staff and other students. Students are not allowed to eat in the dining halls or at any of the outdoor tables, including picnic tables.

If a student is too sick to go to a dining hall or needs to self-isolate on campus, they can arrange delivery of Suhoor and Iftar meals to their residence by contacting their Residence Dean (RD).

The university social distancing protocol and requirements can be found in English and Spanish at the entrance to all dining halls.

More information available online at dining.stanford.edu/Ramadan.

For questions related to R&DE Stanford Dining's Ramadan programs, please email nutritionist@stanford.edu.